



The Federation of St. Edmund's and St. Patrick's RC Primary Schools



PE Curriculum Map

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Nursery	Introduction Unit 1	Fundamentals Unit 1	Gym unit 1	Ball skills unit 1	Dance unit 1	Games Unit 1
Reception	Introduction Unit 2	Fundamentals Unit 2	Gym unit 2	Ball skills unit 2	Dance unit 2	Games Unit 2
Year 1	Gymnastics Fundamentals	Dance Ball skills	Fitness Yoga	Striking and fielding Target games	Athletics Sending and receiving	Net and wall Invasion
Year 2	Gymnastics Invasion	Dance Ball skills	Fitness Team building	Striking and fielding Yoga	Athletics Net and Wall	Sending and receiving Target games
Year 3	Gymnastics Football	Dance Netball	Fitness Ball skills	Tennis Yoga	Athletics Rounders	Basketball Cricket
Year 4	Gymnastics Swimming	Dance Swimming	Fitness Swimming	Ball skills Swimming	Athletics Swimming	Tennis Swimming
Year 5	Gymnastics Netball	Dance Basketball	Fitness Dodgeball	Football Yoga	Tennis Hockey	Rounders Athletics
Year 6	Gymnastics Tag Rugby	Dance Netball	Fitness Yoga	Rounders Dodgeball	Tennis Hockey	Football Athletics

